


Oral presentations in English.  
Workshops in English, Spanish, French, German and Dutch.

 **MADRID** March 12th & 13th 2026  
Venue: Medical Faculty, Autonomous University of Madrid  
Department of Anatomy, Histology and Neuroscience  
C/ Arturo Duperier, 4 – 28029 Madrid



Registration fee: **€1,452.00 (VAT included)**  
**5% discount for SEECO, SECMA and SPOCMA members**  
Registration includes attendance at the sessions,  
coffees and working lunch.

SEECO accreditation exam in Hand & Wrist ultrasound:  
– **Level I:** €302.50 (VAT included)  
– **Level II:** €363.00 (VAT included)

Technical Secretariat: **Sociedad Española de Ecografía**  
**Phone:** +34 655 694 698 • [secretariatecnica@seeco.es](mailto:secretariatecnica@seeco.es)  
[www.seeco.es](http://www.seeco.es)

Registration through SEECO's website.

Note: The completion of this Course requires a minimum demand of 20 attendees. Limited places. Endorsed by S.E.ECO (EFSUMB member), a certificate of attendance to the Course, for 14 hours of theoretical-practical training, will be delivered.

**European and Spanish Credits Recognition:**

- It has been requested the course validation by the Credits Commission for Continuing Training on Health Professions for the Spanish National Healthcare System (SNS) and also by EACCME-SEAFORMEC with ECMECs Credits.



 **MADRID**  
March 12th &  
13th 2026

# IV COURSE OF ULTRASOUND OF HAND AND WRIST (LEVEL 2)

Course Director and Organizer: Javier Ferreira MD, PhD

Patronaged by:  SOCIEDAD ESPAÑOLA  
DE CIRUGÍA DE MANO

# IV COURSE OF ULTRASOUND OF HAND AND WRIST (LEVEL 2)



MADRID  
March 12th &  
13th 2026

## PRESENTATION LETTER

Dear colleagues,

Following the success of the precedents editions of the Advanced Course of Ultrasound of Hand and Wrist (Level 2), we are pleased to announce that the Spanish Ultrasound Society (SEECO) launches the fourth edition of this course, focused on the eco-guided interventionism of hand and wrist pathologies.

The use of ultrasound at the surgery of hand and wrist is a reality today, being the invasive procedures and the eco-guided surgery the most recently incorporated and developing disciplines, in which new techniques and devices are continuously appearing.

In this new edition, over an intensive 2-days training has been organized. We will have both a cutting-edge theoretical program full of leading presentations from the most prominent and outstanding specialists, as well as a practical part of the highest level. From SEECO, we desire to give the maximum prominence to the practical part with one entire day full of workshops provided by highly qualified instructors. Every student will have an anatomic specimen to practice eco-guided ultrasound techniques.

English will be the language of all oral presentations. Moreover, and upon attendant's request, workshops could be performed in English, Spanish, French, Dutch or German.

We hope that this course will be appealing to all those health specialists devoted to the surgery of hand and wrist who already use ultrasound in their daily practice.

Due to the special nature of the course, places are very limited, so our advice is to reserve the dates March 12th and 13th 2026, to avoid missing this magnificent event in which attendants will have the opportunity of increasing their knowledge in this, more and more, important field of medicine.

Looking forward to hearing from you, I send you my best regards,

**Francisco Javier Ferreira Villanova, MD, PhD**

Director and Organizer of the III Course of Ultrasound of Hand and Wrist (Level 2)

## FACULTY

**Fernando Corella Montoya, MD, PhD**

Wrist & Hand Surgeon  
University Hospital Infanta Leonor, Madrid  
University Hospital Quirón Salud, Madrid.  
Olimpia Quironsalud, Madrid.

**Michiel Cromhecke, MD**

Orthopaedics and traumatology Surgeon  
Maria Middelaers General Hospital, Gent, Belgium.

**Fernando Dávila Fernández, MD**

Bidasoa's Hospital  
Sendagrup Clinic Guipúzcoa.

**Francisco Javier Ferreira Villanova, MD, PhD**

Wrist & Hand Surgery Chief.  
Orthopedics Department.  
Hospital Universitario San Rafael, Madrid.

**Fernando Jiménez Díaz, MD, PhD**

Specialist in Sports Medicine  
International Chair of Skeletal Muscle Ultrasound, UCAM.

**Sebastian Kluge, MD**

Chief Hand Surgeon  
Handchirurgie Seefeld. Zurich. Switzerland.

**Olivier Mares, MD**

Hand Surgeon, Orthopaedics department  
University Hospital Nimes, France.

## Scientific committee

**Fernando Jiménez, MD, PhD and Olivier Mares, MD**

# IV COURSE OF ULTRASOUND OF HAND AND WRIST (LEVEL 2)



MADRID  
March 12th &  
13th 2026

## INTRODUCTION:

The MSK ultrasound training course, organized by SEECO, will allow promoting the use of ultrasound as a diagnostic tool for wrist and hand pathology, being an important asset for orthopaedic, traumatology and surgery specialists in patient's treatment.

## DURATION, METHODOLOGY AND PROGRAM:

This course corresponds to the Level II of a COMPLETE training in ultrasound of Wrist and Hand.

**Level II Course:** with a total duration of 14 teaching hours, the course is divided into theoretical and supervised classes with anatomical models and practices on corpse.

**Program:** advanced ultrasound diagnosis of hand and wrist injuries. Ultrasound-guided interventions of hand and wrist injuries.

## GOALS:

1. Update on advanced ultrasound of the musculoskeletal system.
2. To gain knowledge on ultrasound technique and its use for the study of advanced ultrasound anatomy of the hand and wrist.
3. To gain knowledge on ultrasound technique and its use for the study of hand and wrist injuries.
4. Interventional ultrasound techniques review in the treatment of hand and wrist pathologies.

## ADDRESSED TO:

Specialists in hand surgery and/or orthopedics surgery, medical doctors and other health specialists devoted to wrist and hand pathologies with experience in the use of ultrasound.

## SEECO ACCREDITATION: EXPERT IN ULTRASOUND OF HAND AND WRIST:

Regardless of the course, attendants may obtain the ACCREDITATION of EXPERT IN ULTRASOUND OF HAND AND WRIST: Level I (US Anatomy of the Hand & Wrist ). Level II (US-guided Procedures in Hand & Wrist)

Granted by the Ultrasound Spanish Society (SEECO), it is mandatory to have gained previously the Accreditation of Ultrasound of Hand and Wrist Level I before attempting accreditation Level II. For both cases, Level I or Level II, the student has to pass two exams: first exam is related to the theoretical part of the course while the second exam is related to practical part. The first part could be tested at any of the courses of hand and wrist provided by SEECO. To pass the practical part, students must perform ultrasound examinations as requested by the instructor (Level I) and accomplish ultrasound-guided interventional procedures (Level II).

The application to attend to any accreditation exams has to be asked to the Technical Secretariat of SEECO, independently of the application filled for the course.

## TRANSPORTATION TO THE COURSE PLACE:

**Taxi:** Faculty of Medicine, Autonomous University of Madrid. C/ Arturo Duperier, 4, Madrid

**Bus:** 67, 132, 134 and 135 till bus stop "Facultad de Medicina"

**Underground:** Line 10, in direction to "Hospital Infanta Sofía" till "Begoña" station

## PRELIMINAR PROGRAM

**Thursday, March 12th, 2026**

09:30 - 10:00 **Reception and welcome of assistants: documentation and badges delivery.**

### 10:00 - 10:30 **COURSE PRESENTATION:**

Dr. Ferreira (Director)  
Prof. Clascá (Head of the Anatomy Dept. UAM)  
Dr. Jiménez (Spanish Society of Ultrasound)

### 10:30 - 11:30 **LIGAMENOUS PATHOLOGY:**

10:30-10:50: Usefulness of dynamic examination of the scapholunate ligament. How I perform it. Dr. Corella  
10:50-11:10: New ultrasound approach in TFCC lesions. Dr. Ferreira  
11:10-11:30: Ultrasound dorsal capsulodesis technique. Dr. Dávila

### 11:30 - 12:00 **COFFEE BREAK**

### 12:00 - 12:40 **TENO FASCIAL PATHOLOGY:**

12:00-12:20: How does ultrasound help us in elbow tendinopathy. Dr. Mares  
12:20-12:40: Ultrasound diagnosis & US-guided treatment in Dupuytren disease. Dr. Ferreira

### 12:40 - 13:40 **FRACTURES:**

12:40-13:00: Procedure use of ultrasound for screw and plating positioning. Dr. Cromheecke  
13:00-13:20: Ultrasound follow-up of distal radius fractures. Dr. Corella  
13:20-13:40: Ultrasound usefulness in scaphoid fractures & non-union. Dr. Dávila

### 13:45 - 14:45 **LUNCH**

### 15:00 - 16:20 **NERVE PATHOLOGY:**

15:00-15:20: Gliding behavior and instabilities of peripheral nerves. Dr. Kluge  
15:20-15:40: Results in Carpal tunnel syndrome ultrasound guided release: Dr. Cromheecke  
15:40-16:00: Ultrasound in Ulnar Tunnel Syndrome. Dr. Mares  
16:00-16:20: Braquial plexus ultrasound guided decompression. Dr. Mares

### 16:20 - 16:40 **TUMORS:**

16:20-16:40: Soft tissue tumors of the hand. Dr. Kluge

### 16:40 - 17:20 **PRINCIPLES OF INTERVENTIONISM:**

16:40-17:00: Ecoguided interventionism: General principles and approach techniques. Dr. Jiménez  
17:00-17:20: Ultrasound-guided surgery: Concepts, instruments and rationale. Dr. Ferreira

### 17:20 - 17:40 **COFFEE BREAK**

17:40 - 18:00 **Practice 1:** Needle management. Tips & tricks. Dr. Jiménez

18:00 - 18:20 **Practice 2:** Extensor compartments and trigger finger injection. Dr. Corella

18:20 - 18:40 **Practice 3:** US-guided hydrodissection in CTS. Dr. Ferreira



## PRELIMINAR PROGRAM

### Friday, March 13th, 2026. Hand son lab

09:30 - 10:15: **Practice 4:** Joint infiltration: TMC joint, MCF and IF. Dr. Kluge

10:15 - 10:45: **Practice 5:** Long Trigger finger Us-guided surgery. Dr. Cromheecke

### 10:45 - 11:15 COFFEE BREAK

11:15 - 12:00: **Practice 6:** US-guided carpal tunnel release. Dr. Dávila

12:00 - 13:45: **Practice 7:** US-guided common extensor tendon release at the elbow. Dr. Mares

### 13:45 - 14:45 LUNCH

15:00 - 15:45: **Practice 8:** Thumb Us-guided surgery A1 release. Dr. Mares

15:45 - 16:30: **Practice 9:** US-guided De Quervain release. Dr. Ferreira

16:30 - 17:15: **Practice 10:** US-guided ulnar nerve release. Dr. Mares

17:15 - 18:00: **Practice 11:** US-guided lacertus syndrome surgery. Dr. Mares

18:00 **END COURSE. FAREWELL** Dr. Ferreira (President SEECO)

## WORKSHOPS INFORMATION:

- 1 anatomic specimen will be available for every student.
- A demonstration and/or short video of each technique will be done/played before by the instructor in charge of the practice.
- The approximate TOTAL time for each practice will be of 45 minutes, approximately.

## COLLABORATING COMPANIES:

